

# We the Digital Citizens



The internet can be fun, but it also requires responsibility, so your kid is learning how to be a safe, strong digital citizen! What does that mean? They're learning to ...

- Find fun, cool stuff online.
- Set limits on how much time they spend online.
- Keep personal information — like their phone number and address — private.
- Pause and think before searching, clicking, and sharing.
- Ask before they go online.
- Pay attention to their feelings and ask for help when they feel scared or confused about something they see online.

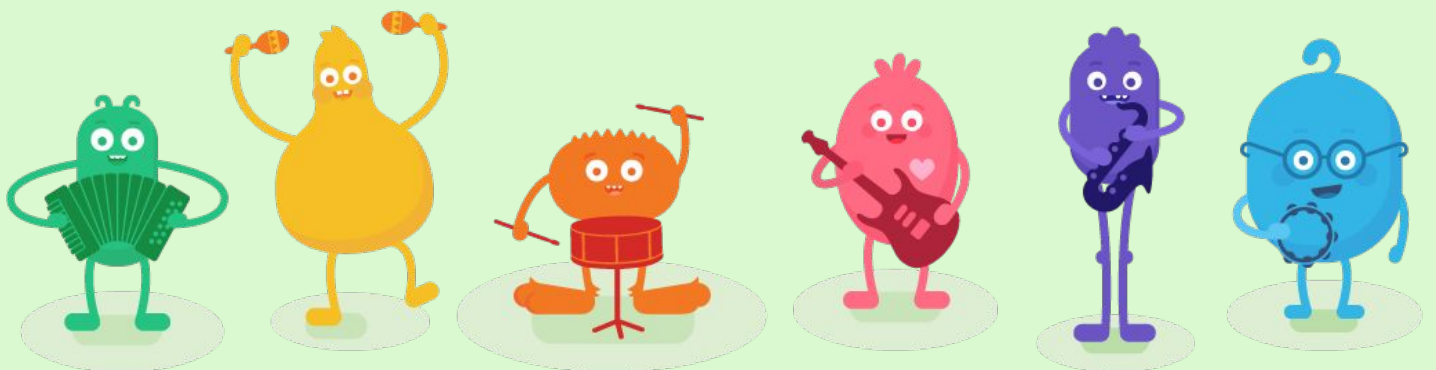


Check out the music video featuring our favorite digital citizenship friends!  
Watch it together (turn on captions so you can see the lyrics), and sing along!

<https://www.common sense.org/education/videos/we-the-digital-citizens>

## Now talk about this together:

1. What was your favorite part of the song? Why?
2. What rules do we have about using apps and going online?
3. What sites are OK to use?
4. What are the time limits? Make a list of safe sites and apps and your rules to put in a place where your whole family can see it!



Text the word **kids** to the phone number **21555** to get free weekly tips on healthy media habits.