

SAN DIEGO FRENCH AMERICAN SCHOOL

OCTOBER 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<u>1</u> Chicken Caesar Pasta Salad Baguette Fresh Fruit	<u>2</u> Eggplant Pesto Sandwich French Potato Salad Rugulahs
<u>5</u> Ham & Cheese Quiche TomatoCucumber Salad Fresh Fruit	<u>6</u> PastramiSandwich Fruit Salad Brownie	<u>7</u> Quinoa Salad with Chicken Baguette Choc Chip Cookie	<u>8</u> BBQ Chicken Potato Salad Fresh Fruit	<u>9</u> Egg Salad Sandwich Pasta Salad Cheesecake
<u>12</u> Chicken Pesto and Mozzarella Salad Baguette Fresh Fruit	<u>13</u> Turkey Sandwich Salad Sugar Cookies	<u>14</u> Chinese Chicken Salad Fresh Fruit Fortune Cookies	<u>15</u> Chef Salad with Turkey Garden Salad GingerPound Cake	<u>16</u> <u>BREAK</u>
<u>19</u> <u>BREAK</u>	<u>20</u> <u>BREAK</u>	<u>21</u> <u>BREAK</u>	<u>22</u> <u>BREAK</u>	<u>23</u> <u>BREAK</u>
<u>26</u> Greek Chicken Salad Fresh Fruit	<u>27</u> Salami Sandwich Cole Slaw Carrot Cake	<u>28</u> Cowboy Quiche Orzo Pasta Fresh Fruit	<u>29</u> Tortellini Primavera Salad Fresh Fruit Mex Wedd Cookie	<u>30</u> <u>Minimum Day</u>

* PK-O /PK-2 Lunch will be simplified often by adding sliced bite size vegetables.

* We are open to suggestions.